Tri-Valley SOCKs
Stepping Out for Cancer Kures

Bras For The Cause

www.trivalleysocks.org

Keeping You Abreast All Year Long

October 2011, Issue 2

National Breast Cancer Awareness Month

Top Five Ways to Have More Fun Getting a Mammogram:

5. Eat chocolate. It's the endorphins, baby.
4. Schedule your mammogram for the same day your partner schedules his prostate exam. See who has more fun.
3. Buy some bling for the occasion at **Brighton Collectibles** in the Stoneridge Mall. For the month of October, if you buy their "Power of Pink" bracelet, $10 will go back to the Cause!
2. Party at **Rockin'Jump** and celebrate that it's OVER! For the month of October, Rockin'Jump is donating 5% back to the Cause!

And the #1 way to have more fun getting a Mammogram:

Buy a new pink bra for the occasion. You can later decorate it for the

Bras for the Cause Walk on May 12, 2012!

Rockin'Jump Supports *SOCKs* and the Cause!

Throughout the month of October, ROCKIN'JUMP, Dublin's premiere trampoline park, will donate 5% of all its sales to Tri-Valley *SOCKs*, which means it will go right back to our beneficiaries! "We hope we blow it out," said co-owner Drew Wilson, "My goal is to raise $15,000." But that's not all . . . On October 27th, from Noon to 9:00 PM, ROCK-IN'JUMP will host a charity event for Tri-Valley *SOCKs* where 50% of the day's proceeds will be donated to the cause. Pink basketballs and dodge balls will add a special touch to your jumping fun and free pink wrist bands will be given out to all jumpers. Bring your friends and family! Wear those decorated bras *on the outside* (as long as there is nothing loose and dangerous!). Together, let's send breast cancer jumpin' out the door!

Come jump with us ALL MONTH LONG!

ROCKIN' JUMP
THE ULTIMATE TRAMPOLINE PARK
www.RockinJump.com
5875 Arnold Road - Dublin, CA 94568

You, too, could be donned in Brighton bling and "Rockin'Jump"ing for the Cause!

Brighton®

and

Tri-Valley *SOCKs* Team Up

to support

Breast Cancer Awareness and AXIS Community Health

with

THE POWER OF PINK!

Throughout the month of October, for every Power of Pink bracelet sold, Brighton will donate $10 to Axis Community Health to support breast cancer awareness, mammograms, and breast care. On Saturdays through October, members of Tri-Valley *SOCKs* and Axis Community Health will be on hand to help and answer all your questions. Get your Power of Pink bracelet and show cancer who's boss.

SAVE THE DATE:

MAY 12, 2012

Bras For The Cause

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Volunteers...

Who wouldn't love these faces on a deck of cards or a mouse pad? Our Shutterfly link can help you find that "just right gift!"

If you're like us, you hate shopping for those last-minute gifts around the holidays . . . and if it's October, the holidays can't be far behind. Why not do your shopping at the Bras for the Cause Shutterfly site? In addition to an 8x10 glossy of you in that fabulous bra you decorated for the Bra Walk, you can get that picture on a mug or a set of cards. So grab a cup of tea and get some of that holiday shopping out of the way now. Here's the link: http://www.shutterfly.com/pro/Socks/Brasforthecause2011

shutterfly

WALKING THE WALK:

I walk for all of the women in my family as well as the women of the world! My great-grandmother and grandmother both died from breast cancer. Two of my great-aunts were also just diagnosed but are undergoing treatment and it looks promising. My aunts and I know it is only a matter of time for us but are doing everything we can do to be proactive and not only protect the women in our family, but in everyone else's as well. I walk for life!

Bianca Villar
~Safeway 2011~

A WORD FROM ONE OF OUR BENEFICIARIES:

The San Francisco Bay Area Affiliate of Susan G. Komen for the Cure® is dedicated to combating breast cancer at every front. Up to 75 percent of the Affiliate's net income goes toward funding grants to local hospitals, clinics and community organizations for breast health education and breast cancer screening and treatment programs for medically underserved women. The remaining 25% net income supports the national Komen Grants Program, which funds groundbreaking breast cancer research, meritorious awards and educational and scientific programs around the world. In the Tri-Valley area, Komen SF grantees providing much-needed breast health and breast cancer education, diagnosis, and treatment include: Asociacion Hispana del Cancer, Delta Memorial Hospital Foundation, Doctors Medical Center in Contra Costa County, Alta Bates Summit Foundation, Charlotte Maxwell Complementary Clinic, Women's Cancer Resource Center in Alameda County, Breast Cancer Connections, The Latina Center, and Tri City Health Center.

We are truly grateful for the continued generous support we receive from Tri-Valley SOCKS.